

# Where do Share's Food Donations GO?

At Share, we are often asked where all our food donations go when they leave the warehouse. Below is a diagram, in words and pictures, listing the programs that benefit from your generous donations.

Donations start their journey at the **Share Fromhold Service Center**. From there, they travel to ...



## Our Backpack Program

A bag consists of a reusable grocery bag filled with: a can of fruit; a can of vegetables; a can of either soup or beans; a boxed dinner (macaroni & cheese or beef noodle dinner, etc.); a bag of noodles or rice or a loaf of bread; a can of tuna or a jar of peanut butter; and a snack item – a granola bar or a cookie or a package of crackers, etc.

'Gluten-free' bags are provided upon request.

We also provide 'Hotel Bags' for families living in hotels or cars; the bags include pop-top cans, easy to microwave meals and trail mix.



## High School Pantry Boxes

Pantry boxes are filled with a few of each of the following: protein (nuts, peanut butter, almond butter, easy open tuna, beef jerky); 2 boxes of cereal (all types); oatmeal (individual packages); easy to Microwave meals in a cup (mac'n'cheese, cup o' noodles, ramen, soup); fruit (package of individual cups of fruit or apple sauce); crackers (plain, cheese, peanut butter); chips; and cookies. These items may vary.



## Our Hot Meals Program

Items include large packages of pasta, rice, beans, #10 cans of fruit, veggies, sauces, chili, etc., plus juice mix & juice.



## Our Family Shelters

Items include glass jars of sauces, jelly, larger packages of pasta and rice, 100% juice, healthy cereal, medium size/family size cans of soup, beans, etc., as well as condiments.

Food donations come from various sources: food drives, private food donations, corporation donations, monthly donors, grants, cash donations used to purchase food (at grocery stores, grocery outlets and food banks), etc. **All non-perishable\* food donations can be delivered to the Share Fromhold Service Center, 2306 NE Andresen Road, M-F, 9 a.m. to 4 p.m.**

*\* Note: perishable food items should be delivered directly to our shelters; visit [sharevancouver.org](http://sharevancouver.org) for a list of shelter locations.*