



## Most Needed Items for Share

Below is a complete list of current needs for our clients and programs. We ask that all donated items be provided in new or gently-used condition. Donations can be delivered to the Share Fromhold Service Center, 2306 NE Andresen Road Mon-Fri from 9:00 am -5:00 pm. Thank you.

### Men, Women and Teens

Clothing of all types: jeans, sweatshirts, t-shirts, socks,  
Backpacks  
Raingear: raincoats, umbrellas, etc.  
Sleeping bags  
Personal hygiene items – soap, razors, lotion, brushes,  
etc.

### Infants and Children

Baby bottles, bibs, burp cloths, disposable diapers,  
wipes  
Baby/children's clothes, socks, shoes, etc.  
Bedding  
Baby/children's soap, lotion, brush/comb, toothbrush,  
toothpaste  
Children's toys (safe, no small parts), dolls, stuffed  
animals  
Games, puzzles, books, music and videos (G rated)  
School supplies: paper, pencils, pens, etc.

### Misc. Household Items

Napkins, paper towels, Kleenex, toilet paper  
Lamp, alarm clock, radio, fan, wall clock, light bulbs  
(60 watt)  
Iron, ironing board  
Window cleaner, kitchen cleaner, bathroom cleaner,  
bleach  
Sponges, bucket, mop, broom, dust pan  
Dishwasher soap, laundry soap  
Books (however, we do not accept encyclopedias)

### Bedroom

Pillows, sheet sets  
Alarm clock  
Comforters, blankets

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### Bathroom

Bath towels, wash cloths  
Conditioner, shampoo, hand soap, deodorant Brush,  
comb, razor, nail clippers, emery boards  
Toothbrush, toothpaste, dental floss, chap stick  
Band-Aids, kleenex  
Feminine hygiene products  
Toilet paper, cotton swabs, tissue

### Kitchen

Plates, cups, glasses  
Baking dishes, coffee pot  
microwave  
Flatware: knives, forks, spoons, steak knives, paring  
knives  
Food strainers, plastic cutting boards  
Cooking utensils, can opener, measuring cups  
Cooking pots, frying pans, cookie sheets, etc.  
Pot holders, kitchen towels, scouring pads  
Fire extinguishers, smoke detectors  
Food storage containers  
Re-usable shopping bags

### Backpack Food List

Tuna  
Canned Pasta sauce (not glass jars)  
Canned chili & soup  
Peanut butter (18 oz. plastic jars)  
Pasta/Rice in 1 lb. bags  
Boxed meals (mac & cheese, Hamburger Helper, rice/  
pasta roni, etc)  
Canned fruits & vegetables  
Instant oatmeal  
Granola/snack bars  
Beef Jerkey  
Meals in a cup (mac & cheese, microwavable soup, etc)  
Easy open tuna pouches & cans  
Fruit Cups  
Pudding Cups  
Apple Sauce Cups

**Food for Hot Meals/Family Shelters:**

*Please deliver perishable food to Share House, Homestead or Orchards Inn.*

Cold cereal (less than 9g sugar preferred)

Milk (1% or Non-fat for Family Shelters)

Peanut butter

Meat, fish, poultry

Eggs, cheese

Vegetables (canned, fresh or frozen)

Fruit (canned, fresh or frozen)

Fruit juices (100% juice)

Hot cocoa, coffee, creamer

Sugar, spices, salt, pepper, flour

Pasta, rice

Sliced bread

Vegetable oil, jelly, margarine

Ketchup, mustard, mayonnaise, salad dressing, etc.

*We happily accept leftovers from parties/events if they have been properly prepared following all food safety rules and properly cooled and stored. Please deliver these items to Share House.*

**For Food Safety Reasons We Cannot Accept:**

Home Canned items

Opened items (if the contents are individually wrapped, then it is acceptable)

Food that is beyond expiration date

Meat/Frozen items that have a lot of freezer burn

**Items that Share does not accept:**

- Encyclopedias
- Exercise Equipment
- Used Infant & Child Car Seats
- Used Cribs, Porta-Cribs & Pack 'n' Plays
- Hi-Chairs, Walkers, Exersaucers, Etc.
- Any Re-Called Items, Specifically Children's Toys

*Furniture and large household items are not accepted for drop-off at Share's shelters. However, if you have furniture or large household items, such as a couch, bed frame, dining set, etc., that you would like to donate please contact [volunteers@sharevancouver.org](mailto:volunteers@sharevancouver.org) or (360) 952-8229.*